Cookie Policy for iSpec Studios

Last updated: October 2, 2025

What are Cookies?

Cookies are tiny text files stored on your computer or phone when you visit a website. They help the website remember information about you, like whether you are logged in, so you don't have to enter your details every time you click to a new page.

How We Use Cookies

At iSpec Studios Falck-Gamlemshaug (hereafter iSpec Studios, we believe in keeping things simple and respecting your privacy. We currently use only **Strictly Necessary Cookies**.

This means we do **not** use cookies for:

- Tracking your activity across other websites.
- Advertising or marketing.
- Gathering detailed analytical information about your browsing habits.

Strictly Necessary Cookies

These cookies are essential for the website to function properly. Without them, core features like logging in and keeping your account secure would not work.

Cookie Name (Example)	Purpose	Duration
PHPSESSID	Stores your session ID to keep you logged in as you move between pages.	Ends when you close your browser.
ispec_cookie_con sent_given	Remembers that you accepted the cookie banner so you don't see it every time.	Up to 1 year.
temp_user_id (Temporary)	Used during the login process, especially for Two-Factor Authentication (2FA) verification.	Cleared after login is complete or browser is closed.

Your Choices

Because we only use strictly necessary cookies, they are automatically placed on your device to ensure the website works safely and correctly.

If you wish to prevent the use of these cookies, you can adjust the settings in your web browser (like Chrome, Firefox, or Safari) to block all cookies. However, please be aware that blocking necessary cookies will make it impossible to log in to your account and use the secured parts of the website.

Changes to This Policy

We may update this Cookie Policy from time to time. We will notify you of any changes by posting the new policy on this page.